

ROCKINGHAM FOREST WALKERS



The Falcon Challenge - 11km

Permanent trail no: PT252

BWF Grade 2

Start/Finish:-

The Falcon, Castle Ashby,

Northamptonshire NN7 1LF

Explorer Map 224 Grid SP860:596

Entry fee £1 - No award

No public transport to venue



The organisers are not liable for accidents, thefts and/or damage to property. Every effort will be made by the organisers to make these safe, enjoyable and memorable events

This delightful countryside walk passes the exquisite Castle Ashby House and estate. It then meanders through the hamlet of Chadstone, and the ancient village of Cogenhoe (*Cook-know*) perched on the side of the River Nene valley.

The Walk: From the front of the Falcon Hotel, cross the war memorial green opposite and turn left to follow the road to Chadstone passing house number 30, then the Rural Shopping Yard on the left. Continue ahead following Castle Ashby Gardens signpost and further on Chadstone $\frac{1}{4}$ mile signpost. Continue on road ignoring left turn, at bend in road turn right passing red postbox and follow road through Chadstone village

At bottom of hill continue on road and follow around to right to Chadstone Lodge. At farm barns turn left following bridleway marker post, go up the hill with hedge on left to small wood and follow track through wood. At end of the wood go straight ahead with hedge on right, follow track down to green barrier and road and cross with CARE.

Go straight on between 2 concrete troughs and go downhill passing a large tree. At bottom of field follow track round to the right and after 10mts turn left down steps and over wooden bridge.

Question 1 - What is the maximum number of pedestrians allowed on the bridge?

Go over the bridleway track and straight up middle of field to woods, continue into the woods going downhill then ahead to steps. Climb the steps and then go into the field, take the right-hand bridleway with hedge on the right. Follow perimeter of field with hedge and wire fence on right, at the gate go through and turn immediately right down steps into field. Cross field towards woods and way-marker opposite. At way-marker turn left then walk downhill with hedge on right to road and cross with CARE.

Turn left, follow road as it bears right and goes uphill into Cogenhoe and take the 1st turn right into Church Street. At the green near the church turn right into Mill Lane and ahead down lane. Ignore

the right turn and keep ahead to footpath on left following Nene Way marker post, go the left of Rowley's Well House, stone wall on left. Pass Cotswold Cottage and turn left to kissing gate and go into field. Follow footpath through field, go through gate and cross small bridge to road.

Turn left towards mobile home park and red brick mill. Pass the first house on the right and turn right onto the Nene Way, passing garages on your left. (If you cross the river you have missed the turn.) Walk with river on left to the mooring area at Whiston Lock.

Question 2 - At the mooring area what is the phone number on the sign?

At the lock turn right on wide track to road, Whiston church visible ahead. Cross road with CARE and follow road into Whiston. At the small green turn left and follow the road as it bears right, at sharp right turn and fingerpost go straight ahead through gate to church. Go through gate at top of hill into churchyard and walk through keeping the church on your left to gap in wall. Cross through into field and turn right, follow perimeter of field to gap in hedge.

Through gap and follow track to pass electricity pole to green metal barriers, go through gap to road. Turn left on road and follow road with CARE downhill, ignore turn on left and continue on road uphill back to the Falcon Hotel and war memorial at Castle Ashby.

Please note that in Feb 2016 the Falcon Hotel was still closed but refreshments were available at the Rural Shopping Yard when open.

We hope you have enjoyed your walk. Have a safe journey home.
Route checked & updated 14/02/2016

When you have finished the walk please send your answers on a Permanent Trail Entry Form, your IVV cards, payment of £1.00 per walker (please make cheques payable to **Rockingham Forest Walkers**) and a stamped addressed envelope for return of cards to:

Phil Percival,
The Permanent Trail Officer
Rockingham Forest Walkers
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Bedford, Bedfordshire, MK41 0WN