

ROCKINGHAM FOREST WALKERS



The Normanton Trail - 13km

Permanent trail no: PT260
BWF Grade 2



Start/Finish:-

The tourist information car park at Sykes Lane off
the A606, Empingham, Rutland LE15 8QL

Parking charges apply.

Map 234 Grid SK:938/083

Car park at Sykes Lane closes at 6.30pm

Entry fee £1 - No award

Public transport available to Empingham

The organisers are not liable for accidents, thefts and/or damage to property. Every effort will be made by the organisers to make these safe, enjoyable and memorable events

The Walk: From the car park walk back towards the entrance barrier and Turn Right onto the footpath to Normanton Church and Normanton. Cross the dam and go round to the Right, go through gate, cross road and go through second gate. Continue on path to eventually pass Normanton Church on the Right. Follow path to gate and road, cross road and continue on footpath (now not surfaced). Pass car park at lower level on your right, at car park entrance Turn Left, pass barrier and go uphill to main road. Cross road WITH CARE and Turn Left, then Turn Right on road signed Ketton and Normanton (Wytchley Road) and pass Oak Farm.

Question 1 - How many horizontal bars are there on the gates to the farm?

Continue on road passing turn to Normanton and Empingham, eventually Ketton cement works comes into view in front of you and you will reach an unsigned minor road on the Left. Turn Left on this minor road (road has road side nature reserve signs on the verges) and follow to T junction, Cross road and go along public bridleway opposite. Continue on bridleway and pass a farm on your left, after farm go into field and turn diagonally right to cross field, at far side Turn Left (DO NOT GO THROUGH THE GATE) and go along field edge with hedge on your right, Cross stile and go across the next field in the direction of the way marker (Macmillan Way). Cross another stile and cross field in the direction of the way marker, aim to the right of the farm and then towards double metal gates. Cross stile to road and turn right and then almost immediately Right through wooden gate and follow Macmillan Way

Question 2 - What are the letters and numbers on the electricity pole in the field?

Go through field keeping hedge on your right, through next gate and field again with hedge on your right. Go through gate and cross road WITH CARE, go through metal gate and field, again with hedge on your right. Cross bridge and through gate then diagonally right across field to the right hand side of the cottage, Turn Left on farm track. Follow farm track and cross stile at side of

cattle grid, at finger post on left for Hereward way Turn Left over stile. Cross field and footbridge , then cross next field heading to the left of the house in front of you, cross stile adjacent to house. follow path and road around to the right to pass house No 63, continue on path to T junction and Turn Left.

Follow the road through Empingham Village (if you are using public transport you can join the walk at this point) to T junction and the White Horse Pub. Cross road WITH CARE and go along Nook Lane and Turn Right at Hereward Way finger post. Go between houses, cross stile and follow footpath diagonally left across field. Cross stile and Bridge , go up steps and follow footpath through the trees. Cross stile and field, cross next stile and Turn Right keeping fence on your right, Where fence turns right go diagonally left across field to gate, go through gate to road. Turn Left , pass the barriers at entrance to the car park and follow road back to the car park

We hope you have enjoyed your walk. Have a safe journey home.
Route checked & updated

When you have finished the walk, please send your answers, your IVV cards, £1.00 per walker (if you have not prepaid) and enclose an s.a.e. no less than 9" x 6" for your certificate. **Postal applications only.**

To:-

**The Permanent Trail Officer
Rockingham Forest Walkers
77 Thor Drive,
Bedford,
Bedfordshire UK
MK41 OWN**

Please make cheques payable to Rockingham Forest Walkers.

Name _____

Address _____

Postcode _____

Visit our website: www.rockingham-forestwalkers.com